

# School's out

# Fun for all the family

With the long hot summer already upon us **Nadia Sawyer** looks inland for activities when the beach just won't cut it



**S**ummers in Cyprus are long, hot, dusty affairs and most families will spend their spare days at the beach cooling off, but, as parents will agree, kids get bored very easily and finding other things for them to do during their school holidays is an absolute must. So what is currently on offer around the island that children will find fun and parents might even enjoy? Here are ten suggestions for a pleasurable day out for the family.

than ride, then look no further than Cyherbia Botanical Park in Avgorou village, a 30 minute drive east of Larnaca. The park boasts organic herb gardens to explore, a hedge maze to navigate and a forest planted in the shape of the island to wander around. There are educational and fun activities available for kids and, for parents, a tea room with a wide selection of home-made food and beverages.

Tel: 99-915443.  
<https://cyherbia.com>



#### Apesia Hills Donkey Safari

Apesia is a village that is approximately 20km north of Limassol and claims to be the home of the oldest trees in Cyprus. Up on a hill, there is a small farm which is home to several donkeys, ready and willing to take children and adults alike on a mini safari. For the less adventurous parent, there is a pool and a bar and, on a Sunday, food is served, though prior reservations are recommended.

Tel: 96 713034.  
<https://www.facebook.com/ApesiaDonkeySafari>

#### Ecophys

Physical activities are fun, but some kids (and adults) prefer educational activities – and where better to study



#### Cyherbia Botanical Park

If you would rather walk

the nature of Cyprus than Ecophys in Vavla, some 40km west of Larnaca? Learn how to be a beekeeper and make candles out

of beeswax or go on a trek and learn how to select and gather wild plants. If food is your pleasure, then you can sample and taste a selection

of local products.  
Tel: 99-171405.  
<https://www.ecophysiccy.com>

#### Flight Simulator Cyprus

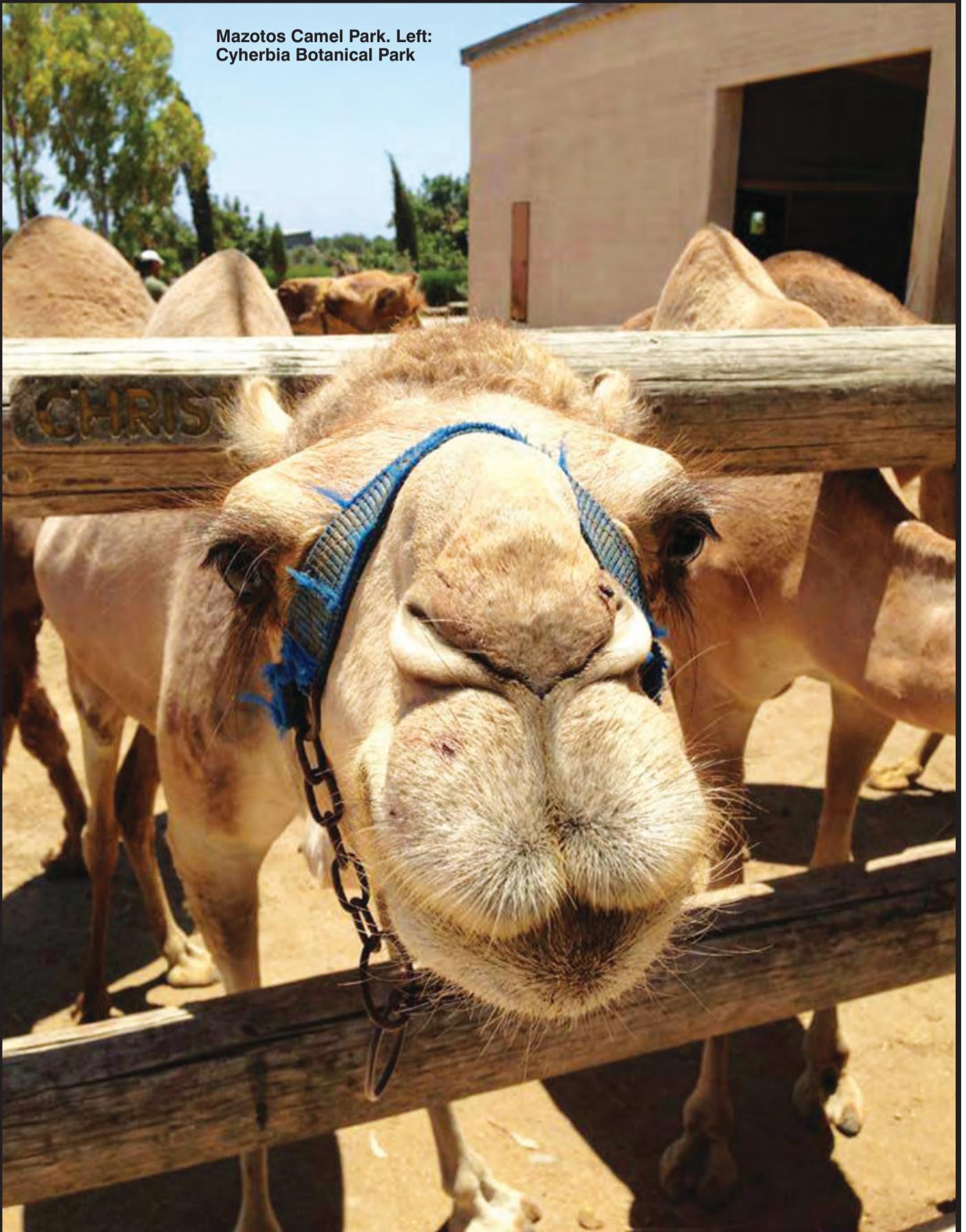
Dads often get overlooked when it comes to days out with the kids, but what man (a big kid at heart) has not dreamt of flying an aircraft? Situated just off the highway in the Germasogeia area of Limassol are the premises containing a Boeing 737-800 flight simulator. A maximum group of five can be accommodated in the cockpit at any one time and each person will be the captain of the airliner for about 10-15 minutes, taking control

of the flight with guidance from the instructor. Each person gets to perform a full circuit around an airport, including a take-off and a landing. Even a flight challenge can be organised, such as a tricky landing, with the winner being announced at the end. To celebrate, light catering is available.

Tel: 97-783383.  
<https://flightsimulatorcyprus.com>

#### Marina's Adventure Park

For those who are looking for a more exciting physical activity, then a trip to Marina's Adventure Park is a



Mazotos Camel Park. Left:  
Cyherbia Botanical Park



Flight Simulator Cyprus and (right) Marina's Adventure Park

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# TLC brings the outdoors in



**T**LC Private School offers a well-balanced selection of Summer School Programmes which provide opportunities for personal development, building individual skills, teamwork and creativity.

## Activity Programmes

Activity programmes are designed to be fun, exciting and educational. The activities provide opportunities for personal development, building individual skills, teamwork and creativity.

The Activity programmes emphasise the importance of experiential learning and with TLC located in one of the most beautiful parts of the island of Cyprus, on the edge of the Akamas, use of the natural environment enables us to provide fun and educational opportunities outdoors.

TLC Private School offers

three activity programmes designed for different age groups; 3-4 year olds, 5-6 year olds, 7-11 year olds and 12-14 year olds. Each week's activities are based around a different theme with excursions and a weekly BBQ form part of the programme.

cool off. There is something for everyone and all activities will be staffed by specialist teachers.

## Combined English/Activity Programme

### 12-16 years

These programmes are designed for Summer Schoolers who want to have fun and meet people from all over the world whilst improving their English language skills.

A team of experienced and highly qualified English language teachers will deliver the English as an additional language courses following the Anglia stepped English programme. As well as extending vocabulary and knowledge of grammar, students will have the opportunity to build their confidence by talking about different topics as part of a small, supportive group.

Students following this programme will receive 50 hours of English tuition and 50 hours of activities over the five-week period.

### 3 and 4 year olds

Activities: Rhymes and songs, arts and crafts activities, water games, messy play and cookery feature as

part of this programme with excursions to local places of interest.

### 5 and 6 year olds

Activities: Educational songs and games, literacy and phonics, outdoor play, movement and exercise (including swimming), arts and crafts, maths mania, cookery and excursions.

### 7-11 year olds

Summer Schoolers who participate in the 7-11 Activity Programme will have the opportunity to participate in sports activities, team



# Summer School

Join us for 5 weeks of fun, creativity, sports, English and friendship!

**Monday 24 June – Friday 26 July 2019**

Activity Programmes 0900-1300 daily | Adults English 0900-1100 | 2 hr daily English only lessons

- ▶ Activity Programme
- ▶ Combined English /Activity Programme
- ▶ English Programme
- ▶ Adult English Programme

Your child is sure to leave the programme having met new friends and having had an unforgettable summer.

- ✓ Arts and Crafts
- ✓ Literacy & Phonics
- ✓ Outdoor Play
- ✓ Sports
- ✓ Swimming
- ✓ Maths Mania
- ✓ Cookery
- ✓ Team Building Games
- ✓ Science Experiments
- and more!



TLC Offers safe and secure transportation for students living in Paphos and surrounding areas. Our fully licensed drivers, comfortable and equipped coaches ensure your child has a safe and enjoyable journey to and from TLC Summer School

To register your child or for further information contact us on  
26 910226 or visit [www.tlccyprus.com](http://www.tlccyprus.com)

@TLCprivateschoolcyprus



building games, problem solving activities, arts and crafts, construction, science experiments and more. Your child is sure to leave the programme having met new friends and having had an unforgettable summer.

### 12-14 year olds

Over the course of the programme students will have the opportunity to explore what Cyprus has to offer by learning about the culture, traditions and food. We will also consider the environment and the impact on our coastline caused by pollution to our beaches. Students will be challenged to use recyclable items transforming them into pieces of art, sculptures and fashion during creativity week. Dance and music will also feature and students will get the opportunity to showcase their talents in an event at the end of the week. Daily sports and games will allow everyone to get active and the swimming pool will also give students a chance to

## English Language for teens

### 12-16 years

For students who want to spend part of their time learning English but don't want to be committed to a full school session, we offer English only programmes for two hours per day within a fun and nurturing environment. These programmes are designed for students aged 12-16 working at Anglia Pre-Intermediate, Intermediate and Advanced levels.

## Adults Beginner English Course

Due to popular demand, we are once again offering a beginners Adults English course. Students who have previously attended this course have enjoyed the friendly, supportive learning environment and the opportunity to develop their fluency in the language and understanding of grammatical conventions.

# The International School of Paphos: three thrilling options for Summer!

Not just one but three options are available at The International School of Paphos (ISOP) to make this summer more fun, with lots of activities for local and international students

**OPTION 1:** The Day Summer School runs for five weeks, starting June 24 and ending July 26. There are three available programmes: The Infants' Programme for children from 4.5 to 5 years old, the Primary Programme for children from 6 to 12 years old and the Secondary Programme for young people from 13 to 16 years of age. Parents and students have the choice of attending for the number of weeks they wish. The Day Summer School is available for children who wish to join the school every day from Monday to Friday, from 8 am until 1 pm. The students must bring along their own lunch box or money, so as to purchase food and drinks from the school's canteen.

**OPTION 2:** The Intensive English Programme is a two-week programme available for children from 5 to 17 years of age. Pupils will be taught in four age groups: 5 to 7, 8 to 11, 12 to 14 and 15 to 17 years of age. Qualified and experienced English teachers have organised a rich learning programme with interesting activi-

ties. Courses run from Monday to Friday. Those for 5 to 11 year-olds will last one hour per day and the ones for older students two hours. The programme for 12 to 14 and 15 to 17 year-olds are available at two levels: Beginners and Intermediate. After the students have completed their lessons, they will be able to join the remaining activities taking place in the Summer School until 1 pm. This programme is ideal for children and teenagers who wish to improve their skills in regards to the English language, especially if they are going to join ISOP in September. It will run Monday to Friday, 8am until 1pm, from July 1 until July 26.

**OPTION 3:** The Residential Summer School will run in two cycles. The first cycle starts July 1 and finishes July 14. The second cycle starts July 15 and finishes July 28. The Residential Summer School offers the opportunity to students from the age of 12 to 18 years to stay in the brand new, purpose-built Boarding House for two whole weeks. They will enjoy an

amazing and fun academic and English language programme, with activities and trips all over the island. They will practise their English and have the opportunity to meet new friends from all over the world. There is a choice for staying in a single, double or triple room. All rooms have their own en-suite bathroom. Food and housekeeping services are also provided. This programme is ideal for anyone who wishes to experience a holiday with the sense of being in a 'home away from home'.

Make your choice and join the ISOP for an amazing summer school! Your child/children will go back home full of memories and stories to share with families and friends. At the same time, their English language skills will be improved in the best way by the most experienced professionals.

**Note:** The Kindergarten summer programmes will be available June 24 until July 31, Monday to Friday from 7:30 am until 2pm. Children of the age 2.5 are more than welcome!



For more information, to contact: Telephone: 26 821700, Fax: 26 942541, [info@isop-ed.org](mailto:info@isop-ed.org), [boardinghouse@isop-ed.org](mailto:boardinghouse@isop-ed.org). Facebook: The International School of Paphos, Instagram: @isopcy



THE  
INTERNATIONAL SCHOOL  
OF PAPHOS PRIVATE

**24th June - 26th July**  
**Monday - Friday,**  
**8a.m. - 1p.m.**  
**(Choice of weeks 1, 2, 3, 4 or 5)**

Infant Programme: 4.5 to 5 years old  
Primary Programme: 6 to 12 years old  
Secondary Programme: 13 to 16 years old

**ACADEMIC ACTIVITIES**  
English, Maths, Science, I.T.

**SPORTS ACTIVITIES**  
P.E., Zumba, Swimming, Tennis, Badminton

**CREATIVE ACTIVITIES**  
Drama, Art and Craft, Dance, Nature & Environment, Cooking, Math Games, Story Telling

**QUALIFIED & EXPERIENCED STAFF & ACTIVITY LEADERS**

**CANTEEN AVAILABLE**

**Contact us:**

E-Mail: [info@isop-ed.org](mailto:info@isop-ed.org)

Tel: +357 26 821700

Fax: +357 26 942541

Website: [www.paphosinternationalschool.com](http://www.paphosinternationalschool.com)

# SUMMER SCHOOL 2019

RESIDENTIAL  
PROGRAMME  
AVAILABLE

SUN  
IS OUR  
FRIEND  
SUPPORTED  
BY NIVEA

ENGLISH  
INTENSIVE  
COURSE  
AVAILABLE



# Fun for all the family

Continued from page 15

**must.** Located in Kakopetria, some 60km west of Nicosia, this recently opened rope park offers three levels of obstacle courses, suitable for young children through to more experienced adults.

Tel: 99-998420.  
<http://marinasropepark.com.cy/>

## Mazotos Camel Park

Located just 15 minutes' drive from Larnaca Airport, Mazotos Camel Park is much more than just a field full of ungulates. Boasting a large kids' area, the site offers a swimming pool, 5D cinema, bumper cars, a mini train ride, an indoor games area with coin operated rides and a mini-golf course. In addition to camels, the park houses ostriches, goats, deer, ponies, wallabies, llamas, turtles, birds and a mini aquarium – a veritable Noah's Ark. Once the kids have finished feeding the farm animals with carrots, adults can find themselves at a restaurant that claims to cater for all tastes.

Tel: 24-991243.  
<http://www.camel-park.com>

## Petrides Farm Park

Another animal-inspired location is Petrides Farm Park, situated in the village of Marki almost equidistant between Nicosia and Larnaca. Known across the island for



Petrides Farm Park

its production of free range eggs, the farm hosts other animals with which visitors can interact – feeding, petting and, in some cases, even riding them. 'Survivor style' competitions can be arranged and the farm also boasts a large olive grove, where, in the right season, guests can learn about olive harvesting methods. The farm also has a large cafeteria with great views where visitors can enjoy light refreshments.

Tel: 22-525255.  
<https://www.facebook.com/pg/petridesfarmpark/>

## Record a song or make a music video

If the idea of any form of

physical activity outdoors is not your cup of tea, then maybe a day indoors in the air-conditioning sounds more appealing? Are any of your kids good singers or instrumentalists? Would you like to have them professionally recorded? Maybe the whole family can sing and you would like to make a record or even a music video? A UK-based music and video producer is visiting Nicosia during the month of August and will be taking on a few commissions.

Tel: 22-663595

## Ride in Cyprus

Many of the above suggestions include short animal

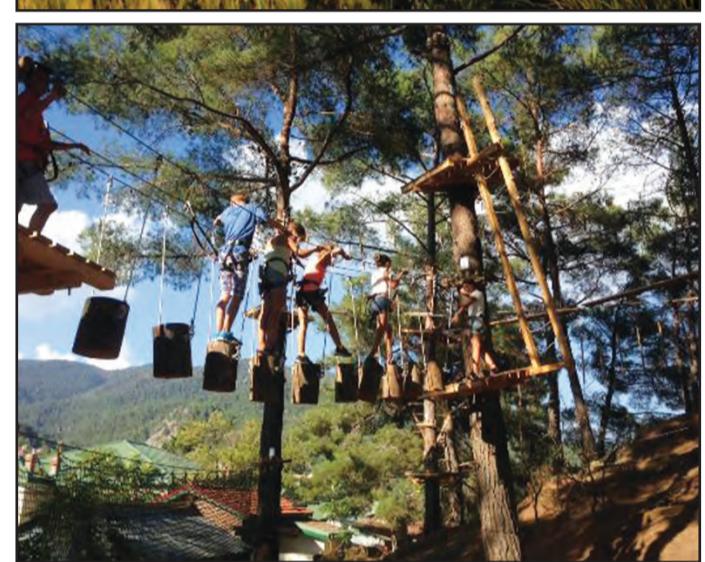
rides, but for those that would like to spend several hours horse-back riding in a beautiful location then the drive to Lysos in the northwest of the island will be worth it. From hourly rides to treks lasting several days (with overnight stays in yurts), every type of rider and family can be catered for.

Tel: 99-777624.  
<http://www.rideincyprus.com>

## Sparti Park

The higher you go the cooler it gets, so for those families who really do want to escape the heat, a visit to Pano Platres in the Troodos

Ride in Cyprus and (below) Sparti park



Mountains is recommended. Claiming to be the first rope park in Cyprus, Sparti takes its name from the Spartans who were famed for their rigorous physical and spiritual training regimes. A sports-orientated

facility in a stunning location, it offers dozens of different games as well as high exhilaration activities such as zip lining and free fall jumping.

Tel: 99-100040.  
<http://spartipark.com>

# Get ready for a real challenge at Marina's Adventure Park in Kakopetria

Where the adventure never ends!



## Are you looking for a new adventure?

Marina's Adventure Park in Kakopetria wants to surprise, excite and challenge everyone to take a breath-taking journey.

It offers a unique adventure with exclusive games

Enjoy two hours of a thrilling high rope course with hanging obstacles one metre in the air (Junior section), three metres (Level 1) and seven meters (Level 2).

But don't worry about your safety! All participants wear the safest climbing equipment at all times.

**Join us if you're:**  
 Over 1.3m tall for Level 1 & 2  
 Under 120kg

Restrictions: children aged two to seven can complete the junior section, at a height of one metre

Think you don't have what it takes? Join us for a cup of coffee at the most scenic location in Kakopetria!



**Opening Hours:**  
 Daily 09:00 – 19:00  
 Weekends: 09:00 – 20:00

Contact us on [www.marinasropepark.com.cy](http://www.marinasropepark.com.cy) [facebook.com/MarinasAdventurePark/](http://facebook.com/MarinasAdventurePark/)  
 Tel: 357 99 998420

# L.I.T.C.: making learning fun

L.I.T.C Summer Camp aims at educating children from 5-17 years old using a number of fun and interesting methods that will stimulate their minds without turning learning into a boring procedure. A wide range of specially designed activities enhance English language learning. Group work, project making and presentation projects will develop the children's team spirit and teach them how to accept and combine different ideas.

## Primary Summer School

### Children from 5-10 years old

Creative and fun activities are designed to entertain and stimulate the children's interest. English language will be taught one hour per day using fun and clever ways but also, it will be integrated in a number of activities that the children will take part in. Swimming and exercising at the beach will take place twice a week while group games and adventure walks at the municipal park will be organised twice a week as well. A project relating to the English topic taught during the week will be made by the children during the Project Making hour and will be presented every Friday morning. Finally, an excursion will take place every Friday.

### The programme will also include:

- Gardening
- Volunteering
- Gymnastics
- Greek Mythology
- Spelling competitions
- Theatre
- Arts & Crafts



- Cooking
- Dance
- Book Reading Club

## Senior Summer School

### Children - Teenagers from 11 to 17 years old

This programme is especially designed to offer children the chance of developing, improving and expanding their English language level through creative and interactive teaching using entertaining and engaging methods. Step by step guidance along with a pleasant classroom environment makes children feel comfortable and learning enjoyable. A placement test shall be given to each student to check their English language skills and they will be placed in the



appropriate group despite their age. The programme is based on the Cambridge English Examination System, thus teaching material and syllabus are based on topics related to these particular Examinations. Upon completion of the course, each student will receive a

certificate on which the hours and level will be mentioned. Children will be taught English 3hrs per day and they will also have IT lessons in English 1 hour per day. Individual projects will be created and presented every week. Lastly, excursions will take place on Fridays.

### The suggested programme is as follows:

#### MONDAY - THURSDAY

- |               |                        |
|---------------|------------------------|
| 8:30 - 9:30   | ENGLISH LANGUAGE       |
| 9:30 - 9:45   | Break - Breakfast      |
| 9:45 - 10:45  | ENGLISH LANGUAGE       |
| 10:45 - 11:00 | Break                  |
| 11:00 - 12:00 | ENGLISH LANGUAGE       |
| 12:00 - 13:00 | INFORMATION TECHNOLOGY |

#### FRIDAY

- |              |  |
|--------------|--|
| 8:30 - 9:30  | PRESENTATION OF PROJECTS - AWARD FOR   |
| 9:30 - 13:00 | BEST PROJECT OF THE WEEK<br>EXCURSION! |

This year L.I.T.C. Summer School offers the option of the afternoon summer camp as well. A programme specially designed to entertain and educate the children will run in the afternoon from 13:30-18:00.

For more information regarding the programme contact 25-343376 or visit the premises at 340-342, Ayiou Andreou street, 3035 - Limassol

\* Kindly note that there is an additional cost for the excursions.

\* The afternoon summer school does not include the teaching of English.

\* Special prices for families with more than 1 child attending.





## SUMMER CAMP

10 June - 9 August 2019

A summer camp with a great variety of options, matching each student

The highly-qualified, professional and experienced L.I.T.C. Summer Camp staff create an atmosphere of friendliness within the school, with their primary concern being the education, care and welfare of our students.

**Primary English Summer School for children 5 - 10 years old**

Creative and fun activities designed to entertain and stimulate the children's interest; English is integrated into all the activities that the children take part in.

- English one hour per day
- Beach activities 2 times per week
- Group games & Adventure Walks at the Municipal Park twice weekly
- Excursions on Fridays

Monday – Friday 8:30 – 13:30

**SUMMER CAMP**

Senior Summer School with intensive English & IT for ages 11 - 17

The well-established L.I.T.C. Summer School which has been operating every summer for the past decade. Our program is based on the Cambridge English Examination System.

**Daily:**

- 3 hours of English
- 1 hour IT skills in English
- Excursions on Fridays

**Monday – Friday, 8:30 – 13:30**

### Afternoon Summer Camp for children 5 - 10 years



L.I.T.C. Summer Camp offers the option of the Afternoon Summer Camp as well. A program specially designed to entertain and educate the children is running in the afternoon. Activities include fun games at the sea, walks in the parks and projects for enhancing critical thinking skills.

Monday – Friday, 13:30 – 18:00

# Technology used for bedtime stories, research suggests

By Nina Massey

TECHNOLOGY has replaced books at bedtime, with more than a quarter of parents trying to use home assistants, apps and voice notes to tell their child a story in the evening, research suggests.

A study commissioned by children's reading charity BookTrust indicates a growing reliance on digital storytelling.

The survey of 1,000 parents with children aged 10 or under found that, while almost half (49 per cent) said they aim to share a story with their youngsters every night, only 28 per cent manage to do so.

Three in 10 (31 per cent) say work or commuting stops them getting home in time, while one in five simply feel "too busy".

One in four (26 per cent) UK parents said they had tried to use tech such as virtual assistants for bedtime stories.

However 83 per cent of parents said they generally use print books.

Best-selling children's author Francesca Simon said there is no substitute for real books.

The creator of the Horrid Henry series told the Press Association: "I think it is dismaying. Because when I first saw these results, that 25 per cent of parents



subcontract their bedtime stories to tech, I was reminded of those science experiments where monkeys were given a wire covered mother.

"You had the fur-covered one and the wire one. And of course the wire one is better than nothing.

"But it is just not a substitute for parents reading to their kids. I think people are really missing the point of what this is all about. This is an incredible time to share stories and to read together."

Conducted by Fly Research, the poll suggests technology is picking up the slack.

Sixty-five per cent of parents admit giving their children time on a smartphone, tablet, YouTube or in front

of the TV, instead of sharing a bedtime story.

For parents who do read stories with their child at night, tech is now a part of that routine.

More than half (53 per cent) say they would choose to use a smartphone, tablet, app or YouTube for the task.

Simon added: "I think, basically, you're sending your children the message that books aren't important to you, and is that really the message you want to send?

"I do not buy the 'I am busy'. It is because they are tired and they don't want to.

"I think people are tired. There is an element of laziness, but I don't get it really because it is just so important."



Enjoy an unforgettable summer at Med High Summer School!

Our Summer School is suitable for children aged 2 - 15 years old

Med High Summer School welcomes you once again to their Summer School programme which promises to be educational, diverse and full of fun and excitement. The programme runs for 7 weeks, starting from Tuesday 18<sup>th</sup> June to Friday 2<sup>nd</sup> August 2019.

## Ages 2 - 4

We offer a separate programme suitable for children aged 2 - 4 years old, which is both educational and packed with fun and activities.

## Ages 5 - 15 English Enrichment Programme (Optional)

Inspiring your children to develop and enjoy the English language. This programme will enhance your child's English skills in reading, writing, speaking and listening. It also incorporates all activities of the regular Programme.

## Regular Programme

Tennis	Drama	Fun Games	Gardening
Swimming	Cooking	Local Visits and Trips	Design & Technology
Martial Arts	Art	Beach Games	Music
Sports	Dance	Gymnastics	Recycled Crafts

- All our classrooms are fully air conditioned
- Our summer programme also includes exciting excursions to parks, museums, the waterpark and many other venues
- Minibus for the transportation of the children (optional)
- Cooked lunch (optional)
- Discounts are offered for siblings

## Duration of programme

Seven weeks commencing 18<sup>th</sup> June - 2<sup>nd</sup> August 2019

## Hours of operation

7:30 - 8:00 a.m. Free supervised activities

8:00 - 1:30 p.m. Regular Programme

1:30 - 2:30 p.m. Free supervised activities



For more information, please contact us now  
Tel: 70001220 - Fax: 70001277 - E-mail: info@medhigh.com - www.medhigh.com

